

#### Transitioning into Retirement

Transitioning into retirement can be a stressful yet exciting lifechanging moment full of uncertainty and new possibilities

#### How much money should I save for retirement?

A common guideline is to aim for 10-15 times your annual income saved by retirement. However, your savings goal depends on lifestyle, expected expenses, and health care needs.

# How do I know if I'm financially ready for retirement?

You're ready when you have a clear retirement budget, consistent income sources, and enough savings to cover expenses. Consider factors like health care costs, inflation, and any planned activities or travel.

### Should I pay off my mortgage before retiring?

Paying off your mortgage can reduce stress in retirement by lowering monthly expenses. However, consider whether your investment returns may outweigh the benefits of paying off your home early.

# How do I account for healthcare costs in retirement?

Health care is a major expense in retirement. Medicare may cover many costs, but you'll likely need supplemental insurance for things like dental, vision, and long-term care. Plan for these costs early.

# Should I work part-time during retirement?

Many people enjoy part-time work in retirement for extra income and social engagement. It can help supplement savings, provide structure, and ease the transition into full-time retirement.

#### What is the best age to retire?

The best age depends on your finances, health, and lifestyle goals. Many aim for 65 to access Medicare, but retiring earlier or later may align better with your personal or financial situation.

# Should I downsize my home before retiring?

Downsizing can reduce mortgage or property taxes and free up savings, making retirement more financially manageable. However, consider your emotional attachment, future mobility, and where you want to live long-term.

### What are the risks of retiring too soon?

Retiring too soon may mean insufficient savings to cover living expenses, healthcare, and unexpected costs. It also increases the risk of outliving your money, especially if you retire at a younger age.

#### What if I retire and don't feel fulfilled?

Many retirees experience a sense of loss of purpose. Plan for activities, hobbies, or part-time work that can keep you mentally engaged and fulfilled. Volunteering or learning new skills can also offer a sense of purpose.